

FARISTOL 1

The paradise of the infancy. The esbalaïdor holy candor, the heedless feelings, the flow to live that renovella urging to instant (*Pellicer, 2017, *p.94). 1

Cepell

Erica multiflora L.

Local names: cepell, petorreta

Family of the ericàcies

Period of flowering: Since September to April.

Ecology: it Is one of the most common plants and abundant of the formations *arbustives.

Uses: The stems are wooden very hard and have used to cross the stuffings and toast them when, in full mountain, did not have of graelles. Employed in infusion for the bronchuses. The shepherds and hunters punctured with a twig of cepell the sting of escurçó when any animal had been bitten. Also they punctured the swells of the animal (Oltra et al., 2015). 2

FARISTOL 2

We can not say that we know a thing if we have not loved him (Pellicer, 2017, p.51). 1

white steppe, black steppe and steppe crespa

Cistus albidus L., *Cistus monspeliensis* L., *Cistus crispus* L.

Family of the cistàcies

Period of flowering: Since March to June.

Ecology: they Grow in formations arbustives low or xares thinnings. The black steppe and the steppe crespa want to terrains with texture arenosa or soils descarbonatats.

Uses: In the past the leaves of the dry white steppe smoked as a substitutiú of the tobacco. The decoction has employed to recess parts of the body inflamades of the animal (Oltra et al., 2015). 2

FARISTOL 3

What truly regrettable the total loss of the capacity to admire (Pellicer, 2017). 1

Cresolera

Phlomis crinita Cav. subsp. *crinita*

Local name: ears of wolf

Family of the labiades

Period of flowering: Since April to June.

Ecology: Grow in clear of formations arbustives and in meadows.

Uses: Employed in the past for torcar- the cul after doing of abdomen in full saw. The xicalla played to clean the teeth with the leaves (Oltra et al., 2015).2

FARISTOL 4

Whole, light, clear. Which can not sanar the mountain, this water, these airs, this silence, these skies? (Pellicer, 2017, p.21). 1

Tomaní

Lavandula stoechas *L. subsp. *stoechas*

Local name: *cabeçuda

Family of the labiades

Period of flowering: Since March to June.

Ecology: Grow in formations arbustives that they do on terrains arenosos and descarbonatats.

Uses: it has employed to combat the constipats and the infections of throat and of all the respiratory device. Also it is considered one very good plant mel·lífera (Oltra et al., 2015).2

FARISTOL 7

And how many wonders there is that with disdain contemplate (*Pellicer, 2017, *p.98). 1

Lligabosc

Lonicera implexa Ait.

Family of the caprifoliàcies

Period of flowering: Since April to June.

Ecology: Form part of the layer of lianes of the carrascar and also of the formations arbustives high.

FARISTOL 5

The prodigi and the surprise of another night. The ancient night and enigmàtica, the only night and never premièred. How many new can bring us a night! (Pellicer, 2017. p.91). 1

Falaguera

Pteridium aquilinum (L.) Kuhn subsp. *aquilinum*

Family of the denstedtiàcies

Period of flowering: it does not do flower but that does spores since June to November.

Ecology: Grow in dense formations on deep soils and that keep a true degree of humidity.

Uses: Employed in the past for the llenyaters to tie the costals of firewood. There is the belief that in the night of San Juan the falaguera flowers, grana and espolsa the seed. As the tradition, who is able to collect the grana, obtains all what wishes (Oltra et al., 2015).2

FARISTOL 6

We are in front of the last rings of the chain broken of oral transmission of the old ruralia, of the last perla of the collar dumped the culture of the ancient agrura Valenciana (Pellicer, 2004, p.16). 1

Galzeran

Ruscus aculeatus L.

Local name: gamó tronador

Family of the ruscàcies

Period of flowering: Since October to April.

Ecology: it Grows forming part of the carrascar and in formations arbustives of places ombriencs.

Uses: Before they pulled the stems and arrancaven with the roots. In finishing the roots heated to the fire and later hit against land to do a thunder (Oltra et al., 2015).2

FARISTOL 8

Remember what never had to have forgotten. Know my land, my water, my air, my sap, my blood (Pellicer, 2017, *p.70). 1

Surera

Quercus suber L.

Local name: cork, surer

Family of the Fagàcies

Period of flowering: Between April and May.

Ecology: Grow in formations boscoses that they do in soils silicons or descarbonatats with texture arenosa.

Uses: The cork has used for his valuable properties. It is the ideal matter to do the best caps for dig, wines and liqueurs. Also they do some excellent acoustic isolations and thermal; arts of fishing, industry of the calcer and decoration (Pellicer, 2004).2

Pinastre

Pinus pinaster Ait.

Local names: pine rodeno

Family of the pinàcies

Period of flowering: Since March to May.

Ecology: Grow in formations arbustives and rests of forests, always on the soils that present a texture arenosa.

Uses: The pineapples are a good shaving for the fire. The trunk has used for the beams of the houses, and the branches, as a firewood.

FARISTOL 9

How much fortress, imagination and senzillesa it is necessary to keep's free! (Pellicer, 2017, p.44).

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Matapoll

Daphne gnidium L.

Family of the timeleàcies

Period of flowering: Since July to September.

Ecology: Form part of the coscollars and also grows in clear of the carrascar.

Uses: Employed in decoction for arruixar the stables and like this delete the louses and the puces. Also they hanged ones rametes of the cages of the pardalets because they did not take louse. To the dogs put a necklace with the escorça or the branches to cut the diarrhoeas, cure the borm and avoid the puces. In the past also it did the practical renown matapollar a gorg, which consisted to hammer well hammered the root, the branches and the leaves and put it everything in a sack that threw in the water of a gorg. Also it boiled the root and poured to the gorg the water of decoction. To the head of a while the fishes appeared *atuïts to the surface and the people took them. The escorça also has tied for the stings of alacrà. With the stems also did the cages for the tords. To the sheep that did not go expensive to the air gave them to eat the corfa matxucada of matapoll on which had urinated (Oltra et al., 2015).2

Argelaga

Ulex parviflorus Pourr. subsp. *parviflorus*

Local names: angelaga, angengala

Family of the lleguminoses

Period of flowering: Since October to May.

Ecology: Grow of abundant shape how one of the characteristic plants of the formations arbustives low.

Uses: Employed for socarrar the pèl of the pig when did the slaughtering. Also it has employed to clean the sutja of the chimneys doing happen several times one argelaga tied with a rope. The inferior part of the oven of calç, the boiler, was reblida of argelagues, on which put feixos of firewood, increasingly big. The oven lit putting a good kills of *argelaga dry already lit. It says *humorísticament: At night I go to the saw and distinguish the argelaga of the romer (Oltra et al., 2015).2

FARISTOL 10

The palmeres envied seeing you happen your nuca airosa (Pellicer, 2017, p.44). 1

Càdec

Juniperus oxycedrus L. subsp. *oxycedrus*

Local name: ginebre

Family of the cupressàcies

Period of flowering: Since February to May.

Ecology: Grow of common shape in formations arbustives high and also in the carrascar.

Uses: The wood has been employed for the preparation of stakes that have used in the agricultural tasks and with his firewood did also coal. With the rabassa or porra did the bolo to play to the bitles. In order to delete the warts and the eyes of louse by means of a method terapeuticocredencial colgaven so many fruits like warts or eyes of louse had . For the place where soterren did not happen more. The boletaires say that when rub a ginebre and does dust, that is to say, has pollen, this indicates that it is period of burst-bloods (Oltra et al., 2015).2

Palmito

Chamaerops humilis L.

Local names: margallonera, *palmera

Family of the palmàcies

Period of flowering: Since March to May.

Ecology: Form part of the layer arbustiu of the carrascar and grows also in formations arbustives low.

Uses: The bread of fox or *dàtils of the *margalló are sweet and edible, although a bit rough. The tender shoot also is edible and was used to *arrancar- for Saint Antoni or for Saint *Blai.(Aranda, 2007)

The *ullols, that is to say, the young leaves, harvested in July and the August and once dry and

bleached, *trenaven to do the *llata that, after stitching, served to make *cabassos, baskets, mats, etc. Also they have done brooms and brushes for *emblanquinar (*Oltra et al., 2015).2

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